

**FADE  
TO Ep. 1044  
BLACK**



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1  
00:00:01,290 --> 00:00:16,950

[Music]

2  
00:00:21,750 --> 00:00:19,189

all right welcome back fade to black i

3  
00:00:24,150 --> 00:00:21,760

am your host jimmy church

4  
00:00:25,670 --> 00:00:24,160

tonight sonja grace is here

5  
00:00:28,950 --> 00:00:25,680

tomorrow night

6  
00:00:31,189 --> 00:00:28,960

james fox we'll be talking about his

7  
00:00:32,870 --> 00:00:31,199

movie release that is coming up

8  
00:00:34,709 --> 00:00:32,880

thursday night is another fader night

9  
00:00:37,750 --> 00:00:34,719

with open lines all night long but

10  
00:00:39,670 --> 00:00:37,760

tonight it's all about sonia grace

11  
00:00:42,549 --> 00:00:39,680

that's right sani is an author she's a

12  
00:00:44,229 --> 00:00:42,559

mystic healer for over 30 years has been

13  
00:00:46,229 --> 00:00:44,239

offering her clients both in the united

14

00:00:47,990 --> 00:00:46,239

states and abroad immediate stability

15

00:00:49,750 --> 00:00:48,000

clarity and guidance

16

00:00:51,750 --> 00:00:49,760

through her healing counseling and

17

00:00:53,670 --> 00:00:51,760

spiritual processing sonia has a wide

18

00:00:57,590 --> 00:00:53,680

variety of talent

19

00:00:59,750 --> 00:00:57,600

to choose not only uh how she accesses

20

00:01:02,310 --> 00:00:59,760

her ability to channel and communicate

21

00:01:04,310 --> 00:01:02,320

but also with the divine she sees and

22

00:01:06,070 --> 00:01:04,320

receives messages from loved ones who

23

00:01:07,670 --> 00:01:06,080

have crossed over and offers a venue for

24

00:01:10,630 --> 00:01:07,680

healing in this world and the spirit

25

00:01:13,030 --> 00:01:10,640

world her ability to read and clear the

26

00:01:16,230 --> 00:01:13,040

karmic threads to past lives helps

27

00:01:18,630 --> 00:01:16,240

clients heal lifetimes of patterns she

28

00:01:21,030 --> 00:01:18,640

is an energy surgeon and helps clients

29

00:01:23,429 --> 00:01:21,040

to identify where the discomfort is in

30

00:01:25,590 --> 00:01:23,439

the physical emotional mental or

31

00:01:27,990 --> 00:01:25,600

spiritual bodies tonight we're going to

32

00:01:30,230 --> 00:01:28,000

discuss her latest book it's called

33

00:01:32,710 --> 00:01:30,240

dancing with raven and bear a book of

34

00:01:34,350 --> 00:01:32,720

earth medicine and animal magic of

35

00:01:36,350 --> 00:01:34,360

course her website is

36

00:01:38,069 --> 00:01:36,360

sonyagrace.com and the links are over at

37

00:01:40,550 --> 00:01:38,079

jimmychurchradio.com i'd like to welcome

38

00:01:43,109 --> 00:01:40,560

back to fade to black sonia gray sonya

39

00:01:45,109 --> 00:01:43,119

good evening how are you yay

40

00:01:47,830 --> 00:01:45,119

i'm just thrilled to be here thanks for

41

00:01:50,550 --> 00:01:47,840

having me back yeah you know and

42

00:01:53,030 --> 00:01:50,560

thank you uh for being on the show we're

43

00:01:56,310 --> 00:01:53,040

you know just so excited and and then we

44

00:01:58,310 --> 00:01:56,320

got the news today about stanton and i

45

00:02:00,550 --> 00:01:58,320

don't want that i don't want to put a

46

00:02:02,069 --> 00:02:00,560

damper on a great show tonight but you

47

00:02:03,510 --> 00:02:02,079

know what that's not the way stanton

48

00:02:05,030 --> 00:02:03,520

would want it

49

00:02:07,109 --> 00:02:05,040

you know let's celebrate the life of

50

00:02:10,070 --> 00:02:07,119

santa but uh you know the news was

51  
00:02:13,510 --> 00:02:10,080  
pretty sad uh wasn't it yeah it was very

52  
00:02:14,630 --> 00:02:13,520  
sad and you know he left a tremendous

53  
00:02:16,949 --> 00:02:14,640  
legacy

54  
00:02:18,790 --> 00:02:16,959  
to the ufo community and i know

55  
00:02:21,990 --> 00:02:18,800  
everybody's really grateful to him for

56  
00:02:25,270 --> 00:02:22,000  
that but i'm very sad that he passed i i

57  
00:02:27,830 --> 00:02:25,280  
i'll share a really really really funny

58  
00:02:28,790 --> 00:02:27,840  
stanton story it's short but it's very

59  
00:02:31,990 --> 00:02:28,800  
funny

60  
00:02:34,150 --> 00:02:32,000  
he uh he had his heart attack right okay

61  
00:02:36,630 --> 00:02:34,160  
that's not funny but he

62  
00:02:38,790 --> 00:02:36,640  
had his heart attack and then a few

63  
00:02:41,589 --> 00:02:38,800

months after that after he had his heart

64

00:02:44,630 --> 00:02:41,599

attack he's at contact in the desert

65

00:02:46,630 --> 00:02:44,640

right and it's hot and it's dusty

66

00:02:50,150 --> 00:02:46,640

and and there he is he's in shape and

67

00:02:51,990 --> 00:02:50,160

it's he's all good but he's on my panel

68

00:02:54,550 --> 00:02:52,000

and we start the panel

69

00:02:57,990 --> 00:02:54,560

and he's not there right

70

00:03:01,030 --> 00:02:58,000

he's not there and we've literally sonia

71

00:03:03,030 --> 00:03:01,040

we've got you know 1500 2 000 people in

72

00:03:04,390 --> 00:03:03,040

front of us right just massive in the

73

00:03:06,470 --> 00:03:04,400

outdoor auditorium

74

00:03:08,710 --> 00:03:06,480

and i'm introducing everybody and then i

75

00:03:10,309 --> 00:03:08,720

look to my left and here's stanton

76

00:03:13,509 --> 00:03:10,319

coming down the trail

77

00:03:15,589 --> 00:03:13,519

you know doing his best coming uh you

78

00:03:17,509 --> 00:03:15,599

know and he comes on stage

79

00:03:20,070 --> 00:03:17,519

what do you say at that point

80

00:03:21,910 --> 00:03:20,080

man is 80 years old right right 80 years

81

00:03:24,470 --> 00:03:21,920

old just had a heart attack

82

00:03:26,070 --> 00:03:24,480

and and he comes up sits down and i go

83

00:03:28,470 --> 00:03:26,080

stanton you made it he goes man i just

84

00:03:30,869 --> 00:03:28,480

had a heart attack man give give an old

85

00:03:33,990 --> 00:03:30,879

man a break give me a face yeah i was

86

00:03:37,030 --> 00:03:34,000

just like and the crowd just erupts and

87

00:03:39,589 --> 00:03:37,040

applauds but yeah just that's great just

88

00:03:42,630 --> 00:03:39,599

an amazing guy an amazing guy

89

00:03:45,110 --> 00:03:42,640

so yeah you're right an amazing body of

90

00:03:47,509 --> 00:03:45,120

material that is left here and and we

91

00:03:50,550 --> 00:03:47,519

will always have that so there you go

92

00:03:52,789 --> 00:03:50,560

yeah all right really good so uh here we

93

00:03:55,350 --> 00:03:52,799

go let's let's actually

94

00:03:56,470 --> 00:03:55,360

uh start here uh let's start with the

95

00:03:58,070 --> 00:03:56,480

new book

96

00:04:00,149 --> 00:03:58,080

and i

97

00:04:02,390 --> 00:04:00,159

uh i'm anxious to learn something

98

00:04:05,110 --> 00:04:02,400

tonight that's the first thing but the

99

00:04:06,710 --> 00:04:05,120

title of the book says it all doesn't it

100

00:04:08,309 --> 00:04:06,720

it does and you know i want you to know

101

00:04:11,910 --> 00:04:08,319

that while you were saying all that i

102

00:04:15,670 --> 00:04:13,670

i heard the soundtrack going on while

103

00:04:18,310 --> 00:04:15,680

you were talking it was great

104

00:04:20,789 --> 00:04:18,320

okay back to dancing with raven and bear

105

00:04:23,270 --> 00:04:20,799

okay no i have not been smoking anything

106

00:04:25,350 --> 00:04:23,280

in case you listeners out there

107

00:04:27,990 --> 00:04:25,360

wondering my state of mind i'm just very

108

00:04:30,629 --> 00:04:28,000

happy to be on the show and i know some

109

00:04:32,790 --> 00:04:30,639

of you have talked to me in sessions and

110

00:04:35,189 --> 00:04:32,800

i just want to say hello to all of you

111

00:04:36,710 --> 00:04:35,199

because um it's exciting i'm back on

112

00:04:39,110 --> 00:04:36,720

fade to black

113

00:04:42,070 --> 00:04:39,120

so dancing with raven and bear is this

114

00:04:44,950 --> 00:04:42,080

really really important book

115

00:04:48,070 --> 00:04:44,960

the reason it's important is because

116

00:04:50,790 --> 00:04:48,080

sometimes when we need to learn

117

00:04:52,629 --> 00:04:50,800

something we need to like get it

118

00:04:55,430 --> 00:04:52,639

and we just can't get it because we have

119

00:04:56,870 --> 00:04:55,440

resistance we're holding ourselves back

120

00:04:58,790 --> 00:04:56,880

like now i don't really want to deal

121

00:04:59,590 --> 00:04:58,800

with that now i don't want to talk about

122

00:05:02,070 --> 00:04:59,600

that

123

00:05:04,950 --> 00:05:02,080

sometimes when we hear a story and it's

124

00:05:07,510 --> 00:05:04,960

a story that's sort of mystical and you

125

00:05:10,710 --> 00:05:07,520

know takes you in sort of into this

126

00:05:13,110 --> 00:05:10,720

different state of consciousness

127

00:05:15,510 --> 00:05:13,120

then we open up and we get the message

128

00:05:18,469 --> 00:05:15,520

and that's why i wrote the book is

129

00:05:22,710 --> 00:05:18,479

because i talk to people in sessions

130

00:05:25,590 --> 00:05:22,720

all day long and i do my best to get

131

00:05:27,670 --> 00:05:25,600

through those hard places where people

132

00:05:29,590 --> 00:05:27,680

don't quite want to

133

00:05:32,150 --> 00:05:29,600

you know open the door and say okay i'll

134

00:05:34,310 --> 00:05:32,160

deal with it you know and i wrote this

135

00:05:37,990 --> 00:05:34,320

book for them you know this is that that

136

00:05:40,469 --> 00:05:38,000

opening where you can read a story and

137

00:05:43,270 --> 00:05:40,479

really go into that story and sort of

138

00:05:45,189 --> 00:05:43,280

experience a transformation

139

00:05:46,469 --> 00:05:45,199

well let's talk about raven and bear who

140

00:05:48,870 --> 00:05:46,479

are they

141

00:05:51,029 --> 00:05:48,880

well they're they're two characters

142

00:05:54,469 --> 00:05:51,039

throughout the book bear is a medicine

143

00:05:56,070 --> 00:05:54,479

man and raven is his sort of sidekick

144

00:05:58,870 --> 00:05:56,080

trickster buddy

145

00:06:00,710 --> 00:05:58,880

and um it most of the stories take place

146

00:06:02,710 --> 00:06:00,720

you know in in the woods in the

147

00:06:05,749 --> 00:06:02,720

wilderness and you know there's

148

00:06:09,430 --> 00:06:05,759

different there's different um

149

00:06:11,749 --> 00:06:09,440

individual you know short stories about

150

00:06:13,510 --> 00:06:11,759

these two characters and i

151

00:06:15,430 --> 00:06:13,520

i have still you know the first the very

152

00:06:18,070 --> 00:06:15,440

first one is on grounding you know

153

00:06:20,309 --> 00:06:18,080

grounding your energy and then

154

00:06:24,390 --> 00:06:20,319

you know there's releasing pain there's

155

00:06:25,350 --> 00:06:24,400

a chapter on power dreaming the burden

156

00:06:28,390 --> 00:06:25,360

death

157

00:06:30,070 --> 00:06:28,400

the illusion the medicine path love the

158

00:06:31,590 --> 00:06:30,080

river's edge i mean there's just all

159

00:06:34,230 --> 00:06:31,600

kinds of

160

00:06:36,790 --> 00:06:34,240

uh really interesting

161

00:06:39,029 --> 00:06:36,800

um messages to each of these stories and

162

00:06:41,270 --> 00:06:39,039

they take place with you know these

163

00:06:44,150 --> 00:06:41,280

animals baron raven talking to each

164

00:06:45,749 --> 00:06:44,160

other and encountering other things on

165

00:06:47,029 --> 00:06:45,759

their way

166

00:06:49,110 --> 00:06:47,039

and it's it's

167

00:06:51,590 --> 00:06:49,120

it's a fun book i actually just did an

168

00:06:52,790 --> 00:06:51,600

audio recording of the book in los

169

00:06:54,710 --> 00:06:52,800

angeles

170

00:06:57,189 --> 00:06:54,720

uh when we were all there uh for

171

00:06:59,110 --> 00:06:57,199

conscious life expo so i'm i'm really

172

00:07:00,230 --> 00:06:59,120

excited that's coming out

173

00:07:02,390 --> 00:07:00,240

how can

174

00:07:04,629 --> 00:07:02,400

we when we talk about

175

00:07:07,510 --> 00:07:04,639

uh both of these subjects like earth

176  
00:07:10,790 --> 00:07:07,520  
medicine and and animal magic and and

177  
00:07:13,670 --> 00:07:10,800  
bear being a medicine man

178  
00:07:15,510 --> 00:07:13,680  
it's not really metaphor here in that

179  
00:07:16,469 --> 00:07:15,520  
there are

180  
00:07:19,510 --> 00:07:16,479  
things

181  
00:07:20,870 --> 00:07:19,520  
on this planet that mother earth has

182  
00:07:22,870 --> 00:07:20,880  
given us

183  
00:07:25,990 --> 00:07:22,880  
uh for ourselves

184  
00:07:28,469 --> 00:07:26,000  
and not necessarily uh

185  
00:07:30,469 --> 00:07:28,479  
big pharma you know

186  
00:07:32,790 --> 00:07:30,479  
like i said it's it's not metaphor this

187  
00:07:33,909 --> 00:07:32,800  
is actually a direct statement

188  
00:07:36,070 --> 00:07:33,919

right

189

00:07:37,350 --> 00:07:36,080

i get it and i think that this is really

190

00:07:40,870 --> 00:07:37,360

important

191

00:07:42,309 --> 00:07:40,880

that we you know i mean gosh

192

00:07:44,629 --> 00:07:42,319

you and i can have a really long

193

00:07:47,270 --> 00:07:44,639

conversation right now about aliens

194

00:07:51,110 --> 00:07:47,280

because aliens for the most part exist

195

00:07:53,589 --> 00:07:51,120

in the unseen world and most of the time

196

00:07:56,469 --> 00:07:53,599

they're either really good at staying

197

00:07:59,670 --> 00:07:56,479

not seen or they actually transform from

198

00:08:02,390 --> 00:07:59,680

physical form to an unseen form i've

199

00:08:04,390 --> 00:08:02,400

written a book basically about a

200

00:08:06,390 --> 00:08:04,400

relationship between

201  
00:08:09,350 --> 00:08:06,400  
bear and raven and various other

202  
00:08:12,230 --> 00:08:09,360  
characters in the book that that fall

203  
00:08:15,110 --> 00:08:12,240  
into that sort of shaman realm of the

204  
00:08:17,510 --> 00:08:15,120  
unseen world you know you you've seen

205  
00:08:19,510 --> 00:08:17,520  
that far side commercial where the the

206  
00:08:21,990 --> 00:08:19,520  
people are driving away and all the cows

207  
00:08:23,830 --> 00:08:22,000  
start talking to each other again yes

208  
00:08:25,189 --> 00:08:23,840  
yeah it's kind of like that it's like

209  
00:08:27,350 --> 00:08:25,199  
it's like there's so many there's so

210  
00:08:29,990 --> 00:08:27,360  
much magic in this world there's so many

211  
00:08:31,029 --> 00:08:30,000  
things that happen that are truly

212  
00:08:32,949 --> 00:08:31,039  
magical

213  
00:08:35,430 --> 00:08:32,959

and and we can scratch our heads and go

214

00:08:37,269 --> 00:08:35,440

wow how'd that happen and you know and

215

00:08:39,350 --> 00:08:37,279

then and then we distrust it later and

216

00:08:40,790 --> 00:08:39,360

we don't really believe it and you know

217

00:08:42,949 --> 00:08:40,800

and next thing you know you've forgotten

218

00:08:44,710 --> 00:08:42,959

that that even happened but it was truly

219

00:08:46,990 --> 00:08:44,720

magical at the time

220

00:08:49,269 --> 00:08:47,000

and and were were a little

221

00:08:51,829 --> 00:08:49,279

desensitized to

222

00:08:54,150 --> 00:08:51,839

trusting that to really trusting what

223

00:08:56,550 --> 00:08:54,160

that animal magic is what what that

224

00:08:57,509 --> 00:08:56,560

earth medicine really is

225

00:09:01,750 --> 00:08:57,519

why

226

00:09:04,630 --> 00:09:01,760

that so many now our community

227

00:09:07,030 --> 00:09:04,640

they get it sonia they get it they

228

00:09:09,910 --> 00:09:07,040

totally get it and if they don't get it

229

00:09:13,350 --> 00:09:09,920

they're trying to get it right they have

230

00:09:15,910 --> 00:09:13,360

an open mind and they know that things

231

00:09:16,790 --> 00:09:15,920

are not what they are supposed to be

232

00:09:18,550 --> 00:09:16,800

right

233

00:09:20,150 --> 00:09:18,560

we get that but

234

00:09:23,430 --> 00:09:20,160

the vast

235

00:09:26,310 --> 00:09:23,440

rest of the world doesn't get it

236

00:09:28,389 --> 00:09:26,320

they don't get it they there is a whole

237

00:09:29,670 --> 00:09:28,399

nother life out there

238

00:09:31,990 --> 00:09:29,680

but

239

00:09:34,630 --> 00:09:32,000

what's the deal is it that they want to

240

00:09:37,990 --> 00:09:34,640

fight it or that it's easier for them to

241

00:09:40,710 --> 00:09:38,000

just plod through life uh without a

242

00:09:44,389 --> 00:09:40,720

sense of wonderment

243

00:09:46,310 --> 00:09:44,399

well okay um i i think that

244

00:09:47,590 --> 00:09:46,320

first and foremost

245

00:09:49,430 --> 00:09:47,600

i'm going to start at the at the

246

00:09:51,190 --> 00:09:49,440

beginning

247

00:09:53,910 --> 00:09:51,200

from the time we're in the womb until

248

00:09:56,870 --> 00:09:53,920

we're three years old we're imprinting

249

00:09:59,509 --> 00:09:56,880

all of our parents psychology good bad

250

00:10:01,750 --> 00:09:59,519

and otherwise we imprint all of it and

251  
00:10:03,590 --> 00:10:01,760  
during that time from the time we're in

252  
00:10:05,910 --> 00:10:03,600  
the womb until three

253  
00:10:08,230 --> 00:10:05,920  
we have different emotional wounds that

254  
00:10:10,470 --> 00:10:08,240  
happen you know mom leaves goes to the

255  
00:10:12,550 --> 00:10:10,480  
store we feel like we've been abandoned

256  
00:10:14,710 --> 00:10:12,560  
because we don't have the concept of

257  
00:10:17,110 --> 00:10:14,720  
what 30 minutes means

258  
00:10:20,389 --> 00:10:17,120  
so so we have these emotional wounds and

259  
00:10:22,949 --> 00:10:20,399  
these emotional wounds are attached to

260  
00:10:25,910 --> 00:10:22,959  
our karma because our karma is

261  
00:10:28,230 --> 00:10:25,920  
unresolved emotional wounds so that

262  
00:10:31,110 --> 00:10:28,240  
abandonment that the child felt at you

263  
00:10:33,430 --> 00:10:31,120

know one years old is triggering all of

264

00:10:34,389 --> 00:10:33,440

the abandonment in the past lives as

265

00:10:37,190 --> 00:10:34,399

well

266

00:10:38,949 --> 00:10:37,200

so as that takes place then the child

267

00:10:40,870 --> 00:10:38,959

starts to get older

268

00:10:43,509 --> 00:10:40,880

four or five years old they're starting

269

00:10:45,670 --> 00:10:43,519

to cycle patterns they're starting to

270

00:10:47,750 --> 00:10:45,680

actually cycle

271

00:10:50,389 --> 00:10:47,760

these emotional wounds and we then

272

00:10:53,350 --> 00:10:50,399

become adults and we have a more

273

00:10:56,150 --> 00:10:53,360

sophisticated version of that pattern

274

00:10:58,310 --> 00:10:56,160

and cycle that goes on through our lives

275

00:11:02,389 --> 00:10:58,320

until we deal with it till we actually

276

00:11:03,110 --> 00:11:02,399

sit down and do the work and go inside

277

00:11:05,269 --> 00:11:03,120

and

278

00:11:06,949 --> 00:11:05,279

you know process what these emotional

279

00:11:09,430 --> 00:11:06,959

wounds are

280

00:11:11,990 --> 00:11:09,440

and again going back to the book this is

281

00:11:13,030 --> 00:11:12,000

why i wrote this book is because some

282

00:11:15,269 --> 00:11:13,040

people

283

00:11:17,990 --> 00:11:15,279

don't want to look at their pain or

284

00:11:20,630 --> 00:11:18,000

their wounds or what happened to them in

285

00:11:23,110 --> 00:11:20,640

childhood some people would rather you

286

00:11:25,430 --> 00:11:23,120

know have another drink and not think

287

00:11:28,069 --> 00:11:25,440

about it but their pain body keeps

288

00:11:31,990 --> 00:11:28,079

getting bigger and bigger and bigger and

289

00:11:34,870 --> 00:11:32,000

so their story of pain becomes more it's

290

00:11:36,870 --> 00:11:34,880

told more often you know i'm sure all of

291

00:11:37,910 --> 00:11:36,880

you listeners have had friends or people

292

00:11:39,910 --> 00:11:37,920

that you know

293

00:11:42,870 --> 00:11:39,920

they always go back you know you

294

00:11:44,790 --> 00:11:42,880

remember what happened to me in 1985

295

00:11:46,230 --> 00:11:44,800

blah blah blah there's this whole pain

296

00:11:48,310 --> 00:11:46,240

story that they tell

297

00:11:49,430 --> 00:11:48,320

you know that's what they're identifying

298

00:11:52,389 --> 00:11:49,440

with that's

299

00:11:55,829 --> 00:11:52,399

that's the cycle and the patterns of

300

00:11:59,269 --> 00:11:55,839

these emotional wounds so so it to me at

301  
00:12:00,310 --> 00:11:59,279  
this point in time it's very important

302  
00:12:05,030 --> 00:12:00,320  
that we

303  
00:12:07,750 --> 00:12:05,040  
get into

304  
00:12:10,230 --> 00:12:07,760  
the the deeper part of our psyche and

305  
00:12:11,910 --> 00:12:10,240  
what what's going on with the you know

306  
00:12:14,710 --> 00:12:11,920  
with these emotional wounds that have

307  
00:12:17,269 --> 00:12:14,720  
now transformed into the adult version

308  
00:12:19,110 --> 00:12:17,279  
and and we you know we process it we get

309  
00:12:21,590 --> 00:12:19,120  
that stuff out

310  
00:12:23,350 --> 00:12:21,600  
you know we have no problems uh you know

311  
00:12:25,430 --> 00:12:23,360  
drinking i was listening to your

312  
00:12:27,509 --> 00:12:25,440  
commercials you know drinking tea that's

313  
00:12:30,629 --> 00:12:27,519

going to clean us out well it's the same

314

00:12:33,829 --> 00:12:30,639

thing emotionally we need to clean out

315

00:12:37,590 --> 00:12:33,839

and that's it see and that is exactly my

316

00:12:40,230 --> 00:12:37,600

point when i when i say that so many

317

00:12:43,829 --> 00:12:40,240

don't wonder right don't have

318

00:12:44,949 --> 00:12:43,839

imagination anymore that they want to go

319

00:12:46,790 --> 00:12:44,959

to

320

00:12:49,030 --> 00:12:46,800

a 2d

321

00:12:50,629 --> 00:12:49,040

fixing of their system whether it is

322

00:12:53,990 --> 00:12:50,639

drinking or

323

00:12:56,470 --> 00:12:54,000

lashing out in anger hating the world

324

00:12:58,949 --> 00:12:56,480

whatever it is but they don't understand

325

00:13:00,629 --> 00:12:58,959

that there is an an easier way to go

326

00:13:03,910 --> 00:13:00,639

about this that it's actually not

327

00:13:07,350 --> 00:13:03,920

everybody else probably it's it's inside

328

00:13:10,069 --> 00:13:07,360

of you yes exactly because you know

329

00:13:12,870 --> 00:13:10,079

while while we're out in the world

330

00:13:14,470 --> 00:13:12,880

talking and dealing with each other

331

00:13:16,629 --> 00:13:14,480

you know for the most part we're in

332

00:13:19,110 --> 00:13:16,639

projection we're projecting on to the

333

00:13:20,470 --> 00:13:19,120

other person how we feel

334

00:13:22,150 --> 00:13:20,480

you know or we're totally in

335

00:13:24,310 --> 00:13:22,160

transference and we're talking to that

336

00:13:26,389 --> 00:13:24,320

person because suddenly they became our

337

00:13:28,310 --> 00:13:26,399

mother or our father

338

00:13:29,990 --> 00:13:28,320

so so we're we're

339

00:13:32,550 --> 00:13:30,000

you know we're really stepping up to the

340

00:13:35,269 --> 00:13:32,560

plate to go to bat with with a whole lot

341

00:13:37,990 --> 00:13:35,279

of filtering systems in front of us and

342

00:13:40,949 --> 00:13:38,000

it takes a lot of work it takes a lot of

343

00:13:43,190 --> 00:13:40,959

you know dedication to that work to

344

00:13:46,629 --> 00:13:43,200

start lifting those filters so we can

345

00:13:48,470 --> 00:13:46,639

see the world a little clearer and and

346

00:13:51,350 --> 00:13:48,480

we're you know we're really witnessing

347

00:13:52,629 --> 00:13:51,360

this on such a grand scale right now of

348

00:13:54,389 --> 00:13:52,639

people being

349

00:13:57,509 --> 00:13:54,399

um you know having

350

00:13:59,990 --> 00:13:57,519

various filters and pairs of glasses on

351  
00:14:01,829 --> 00:14:00,000  
you know that they're not seeing the way

352  
00:14:04,069 --> 00:14:01,839  
that you might see reality or the way

353  
00:14:07,269 --> 00:14:04,079  
that someone else sees the reality

354  
00:14:08,949 --> 00:14:07,279  
and part of this has to do with the fact

355  
00:14:10,310 --> 00:14:08,959  
that we've moved into the fifth

356  
00:14:13,030 --> 00:14:10,320  
dimension

357  
00:14:14,550 --> 00:14:13,040  
we are in it we left the fourth

358  
00:14:17,269 --> 00:14:14,560  
dimension at the end of the mayan

359  
00:14:20,389 --> 00:14:17,279  
calendar so we are in this higher

360  
00:14:22,629 --> 00:14:20,399  
frequency higher vibration every person

361  
00:14:25,430 --> 00:14:22,639  
that calls me i kid you not

362  
00:14:27,350 --> 00:14:25,440  
complains and says i have high pitched

363  
00:14:30,470 --> 00:14:27,360

ringing in my ears

364

00:14:32,949 --> 00:14:30,480

and i cannot say this enough this is the

365

00:14:34,949 --> 00:14:32,959

vibration of this fifth dimension that

366

00:14:37,509 --> 00:14:34,959

everybody is tuning into

367

00:14:39,829 --> 00:14:37,519

i call it the symphony because to me it

368

00:14:42,069 --> 00:14:39,839

sounds like the beginning of the string

369

00:14:44,389 --> 00:14:42,079

section starting to play the strings

370

00:14:46,629 --> 00:14:44,399

when i have this ringing in my ears

371

00:14:48,629 --> 00:14:46,639

and i know but you know 20 year olds as

372

00:14:51,030 --> 00:14:48,639

well as you know 80 year olds who have

373

00:14:53,750 --> 00:14:51,040

ringing in their ears i cannot believe

374

00:14:55,990 --> 00:14:53,760

that the world massively has tinnitus

375

00:14:58,629 --> 00:14:56,000

i really feel and you know my guides

376

00:15:01,110 --> 00:14:58,639

have told me this is the vibration of

377

00:15:02,310 --> 00:15:01,120

this fifth dimension and we're literally

378

00:15:04,870 --> 00:15:02,320

hearing it

379

00:15:05,829 --> 00:15:04,880

and so as people are navigating this new

380

00:15:08,069 --> 00:15:05,839

energy

381

00:15:10,230 --> 00:15:08,079

we've never been here before we've never

382

00:15:12,389 --> 00:15:10,240

been in this higher frequency

383

00:15:15,110 --> 00:15:12,399

and it makes sort of doing that inner

384

00:15:17,110 --> 00:15:15,120

work all the more important because

385

00:15:19,509 --> 00:15:17,120

because we have to

386

00:15:21,910 --> 00:15:19,519

get our energy to match the fifth

387

00:15:23,590 --> 00:15:21,920

dimension energy it's not going to come

388

00:15:25,430 --> 00:15:23,600

and match ours

389

00:15:28,790 --> 00:15:25,440

so we have to do we have to really do a

390

00:15:30,470 --> 00:15:28,800

lot of work here and you know as

391

00:15:33,269 --> 00:15:30,480

as you know you know there's a lot of

392

00:15:36,230 --> 00:15:33,279

people leaving the planet and um part of

393

00:15:37,670 --> 00:15:36,240

that leaving the planet wave

394

00:15:39,750 --> 00:15:37,680

is um

395

00:15:41,189 --> 00:15:39,760

you know there's there it's like now i

396

00:15:43,269 --> 00:15:41,199

don't want to do it

397

00:15:46,710 --> 00:15:43,279

i don't want to raise my frequency and

398

00:15:49,670 --> 00:15:46,720

and why is it uh it's always why right

399

00:15:51,990 --> 00:15:49,680

that's right it's always but why is it

400

00:15:56,310 --> 00:15:52,000

that

401  
00:15:57,110 --> 00:15:56,320  
recognizing

402  
00:16:01,269 --> 00:15:57,120  
uh

403  
00:16:03,189 --> 00:16:01,279  
something that we have to work on

404  
00:16:06,310 --> 00:16:03,199  
ourselves but people are afraid to put

405  
00:16:08,150 --> 00:16:06,320  
in the effort one and two

406  
00:16:11,990 --> 00:16:08,160  
for those that are enlightened and

407  
00:16:16,150 --> 00:16:12,000  
recognize the 40 to 5d shift that are

408  
00:16:19,430 --> 00:16:16,160  
expecting somebody else to do the fixing

409  
00:16:20,389 --> 00:16:19,440  
that we're going to be rescued instead

410  
00:16:22,550 --> 00:16:20,399  
of

411  
00:16:24,310 --> 00:16:22,560  
actually buttoning down and doing the

412  
00:16:25,350 --> 00:16:24,320  
inner work yourself

413  
00:16:27,509 --> 00:16:25,360

right

414

00:16:34,550 --> 00:16:27,519

exactly

415

00:16:38,310 --> 00:16:34,560

right we we we are we are in

416

00:16:40,870 --> 00:16:38,320

a a world community that has

417

00:16:41,590 --> 00:16:40,880

prescribed to two roles

418

00:16:43,749 --> 00:16:41,600

for

419

00:16:46,470 --> 00:16:43,759

i think since the beginning of our

420

00:16:49,110 --> 00:16:46,480

species being on the planet and that is

421

00:16:51,189 --> 00:16:49,120

the victim and the perpetrator

422

00:16:52,230 --> 00:16:51,199

we today we call it the victim and the

423

00:16:54,710 --> 00:16:52,240

bully

424

00:16:56,629 --> 00:16:54,720

and we either play we play one or the

425

00:16:58,150 --> 00:16:56,639

other or we do both

426  
00:17:00,629 --> 00:16:58,160  
and it

427  
00:17:03,590 --> 00:17:00,639  
as we're in this fifth dimension as we

428  
00:17:07,350 --> 00:17:03,600  
move further into this higher frequency

429  
00:17:10,390 --> 00:17:07,360  
we're watching duality split apart

430  
00:17:12,630 --> 00:17:10,400  
now duality is how we measure

431  
00:17:14,949 --> 00:17:12,640  
everything you know we go outside of

432  
00:17:17,029 --> 00:17:14,959  
ourselves to measure oh that's really

433  
00:17:19,189 --> 00:17:17,039  
good oh did you watch the news that was

434  
00:17:21,510 --> 00:17:19,199  
really bad it's like we're always

435  
00:17:24,789 --> 00:17:21,520  
measuring outside of ourselves good bad

436  
00:17:27,189 --> 00:17:24,799  
right wrong hot cold you know duality

437  
00:17:29,350 --> 00:17:27,199  
and duality as we know it this big

438  
00:17:31,270 --> 00:17:29,360

measuring system that we have

439

00:17:33,110 --> 00:17:31,280

it is it's it's going to go away

440

00:17:36,150 --> 00:17:33,120

eventually it's splitting apart right

441

00:17:39,430 --> 00:17:36,160

now which is why we have you know these

442

00:17:42,230 --> 00:17:39,440

huge contrasts huge contrasts where

443

00:17:44,150 --> 00:17:42,240

something seems really super good and on

444

00:17:47,190 --> 00:17:44,160

the other hand you know someone we

445

00:17:48,710 --> 00:17:47,200

dearly love has died and it's really bad

446

00:17:51,750 --> 00:17:48,720

you know we have this

447

00:17:55,270 --> 00:17:51,760

vast experience of good and bad right

448

00:17:56,870 --> 00:17:55,280

now and i keep telling my my students my

449

00:17:57,750 --> 00:17:56,880

clients you know people that i work with

450

00:18:03,430 --> 00:17:57,760

that

451  
00:18:04,470 --> 00:18:03,440  
more we can go inside ourselves and find

452  
00:18:11,750 --> 00:18:04,480  
that

453  
00:18:14,789 --> 00:18:11,760  
good and bad right and wrong the

454  
00:18:16,950 --> 00:18:14,799  
understanding of those elements in us

455  
00:18:18,390 --> 00:18:16,960  
and we rely on that

456  
00:18:19,510 --> 00:18:18,400  
the more we're going to be able to

457  
00:18:22,310 --> 00:18:19,520  
survive

458  
00:18:24,150 --> 00:18:22,320  
this big you know breaking apart of this

459  
00:18:25,990 --> 00:18:24,160  
system that's been in place

460  
00:18:28,950 --> 00:18:26,000  
for a long long time

461  
00:18:30,150 --> 00:18:28,960  
a long time is it possible

462  
00:18:32,870 --> 00:18:30,160  
don't laugh

463  
00:18:34,310 --> 00:18:32,880

is it possible to be awakened and

464

00:18:36,310 --> 00:18:34,320

complain

465

00:18:39,350 --> 00:18:36,320

right

466

00:18:44,950 --> 00:18:42,710

because i i believe that

467

00:18:47,350 --> 00:18:44,960

there's there's a language thing here

468

00:18:49,590 --> 00:18:47,360

you know what is awakened what is

469

00:18:52,230 --> 00:18:49,600

enlightenment what what are these things

470

00:18:53,990 --> 00:18:52,240

you know um my understanding of a lot of

471

00:18:56,950 --> 00:18:54,000

enlightenment is

472

00:19:00,310 --> 00:18:56,960

you know it it it is a very very tough

473

00:19:02,070 --> 00:19:00,320

road to to go down and it's not pleasant

474

00:19:04,950 --> 00:19:02,080

and there's a lot of things that a

475

00:19:08,150 --> 00:19:04,960

person will go through and suffer

476  
00:19:09,510 --> 00:19:08,160  
through in order to get to that place if

477  
00:19:12,310 --> 00:19:09,520  
they even do

478  
00:19:13,430 --> 00:19:12,320  
now an awakened person to me is someone

479  
00:19:14,310 --> 00:19:13,440  
who is

480  
00:19:16,390 --> 00:19:14,320  
you know

481  
00:19:19,029 --> 00:19:16,400  
your audience it's like someone who is

482  
00:19:21,750 --> 00:19:19,039  
you know awake like you understand that

483  
00:19:24,070 --> 00:19:21,760  
ufos and aliens exist you understand

484  
00:19:25,909 --> 00:19:24,080  
that there is a higher power and you

485  
00:19:28,870 --> 00:19:25,919  
know that there is sort of this

486  
00:19:31,510 --> 00:19:28,880  
spiritual uh experience that we have

487  
00:19:33,830 --> 00:19:31,520  
here on earth that is

488  
00:19:35,510 --> 00:19:33,840

it goes way beyond any religion ever

489

00:19:38,070 --> 00:19:35,520

thought of telling us

490

00:19:40,470 --> 00:19:38,080

so so that to me is sort of the awakened

491

00:19:44,070 --> 00:19:40,480

person can they still complain sure

492

00:19:46,950 --> 00:19:44,080

because that complaining is a part of

493

00:19:49,029 --> 00:19:46,960

the human experience we're still human

494

00:19:51,909 --> 00:19:49,039

we still have bodies

495

00:19:53,990 --> 00:19:51,919

and you know i don't i don't this whole

496

00:19:56,470 --> 00:19:54,000

idea of ascension

497

00:19:57,990 --> 00:19:56,480

has never set well with me because i

498

00:20:00,230 --> 00:19:58,000

don't feel

499

00:20:03,830 --> 00:20:00,240

that that gives us

500

00:20:05,590 --> 00:20:03,840

the responsibility that we need to take

501  
00:20:08,789 --> 00:20:05,600  
in not being the victim or the

502  
00:20:10,150 --> 00:20:08,799  
perpetrator it go it takes us right back

503  
00:20:13,270 --> 00:20:10,160  
into some

504  
00:20:15,190 --> 00:20:13,280  
fairy tale of everybody ascending

505  
00:20:17,830 --> 00:20:15,200  
you know and i i mean

506  
00:20:18,870 --> 00:20:17,840  
my mind kind of explodes when i say that

507  
00:20:21,029 --> 00:20:18,880  
because

508  
00:20:23,510 --> 00:20:21,039  
the idea of ascension

509  
00:20:26,710 --> 00:20:23,520  
is is um

510  
00:20:28,630 --> 00:20:26,720  
is is taking us all away from

511  
00:20:30,950 --> 00:20:28,640  
our human experience

512  
00:20:32,950 --> 00:20:30,960  
and whether we like it or not whether

513  
00:20:35,909 --> 00:20:32,960

we're really comfortable right now or

514

00:20:38,789 --> 00:20:35,919

not we have a great responsibility to

515

00:20:40,870 --> 00:20:38,799

this planet that's why we're here

516

00:20:42,789 --> 00:20:40,880

is to take care of her

517

00:20:44,950 --> 00:20:42,799

and so if we're all busy trying to leave

518

00:20:47,110 --> 00:20:44,960

our bodies and leave the planet

519

00:20:50,870 --> 00:20:47,120

what are we you know we're leaving the

520

00:20:53,830 --> 00:20:50,880

job i if i get it it'll happen tonight

521

00:20:56,870 --> 00:20:53,840

by the way uh after the show i will get

522

00:20:57,590 --> 00:20:56,880

an email i get it just about daily

523

00:20:59,990 --> 00:20:57,600

uh

524

00:21:03,029 --> 00:21:00,000

from somebody that will actually

525

00:21:05,590 --> 00:21:03,039

complain about it'll be something like

526

00:21:08,310 --> 00:21:05,600

this i'm going to paraphrase man i'm so

527

00:21:11,830 --> 00:21:08,320

tired of waiting for 5d if it doesn't

528

00:21:13,430 --> 00:21:11,840

happen this year i'm out

529

00:21:16,950 --> 00:21:13,440

right

530

00:21:19,350 --> 00:21:16,960

it's it's it's it's everybody recognizes

531

00:21:22,070 --> 00:21:19,360

it everybody understands but they've

532

00:21:24,870 --> 00:21:22,080

been hearing about it so much

533

00:21:27,510 --> 00:21:24,880

that uh i think they're expecting

534

00:21:28,789 --> 00:21:27,520

miracles right yes there's gonna be this

535

00:21:31,350 --> 00:21:28,799

5d

536

00:21:32,870 --> 00:21:31,360

radical change in absolutely everything

537

00:21:35,350 --> 00:21:32,880

on this planet and that's not the way

538

00:21:38,630 --> 00:21:35,360

it's going to happen right no no because

539

00:21:41,750 --> 00:21:38,640

see we're still not healed we're still

540

00:21:43,669 --> 00:21:41,760

in the wounded child going but but you

541

00:21:44,549 --> 00:21:43,679

promised me a popsicle when you came

542

00:21:46,710 --> 00:21:44,559

home

543

00:21:49,270 --> 00:21:46,720

you promised you know it's like boom we

544

00:21:51,190 --> 00:21:49,280

go into that inner child really fast

545

00:21:53,430 --> 00:21:51,200

because of the wounds and you know that

546

00:21:56,310 --> 00:21:53,440

that's that's the go-to place when we

547

00:21:58,549 --> 00:21:56,320

feel disappointed or let down or you

548

00:21:59,510 --> 00:21:58,559

know somehow our expectation isn't being

549

00:22:01,830 --> 00:21:59,520

met

550

00:22:05,350 --> 00:22:01,840

and uh you know i'm telling you this

551  
00:22:06,789 --> 00:22:05,360  
this uh fifth dimension is requiring

552  
00:22:10,390 --> 00:22:06,799  
everyone to

553  
00:22:13,270 --> 00:22:10,400  
not only show up and take responsibility

554  
00:22:17,029 --> 00:22:13,280  
but it's really requiring us to

555  
00:22:18,230 --> 00:22:17,039  
um sort of toe a much harder line in my

556  
00:22:20,230 --> 00:22:18,240  
opinion

557  
00:22:22,390 --> 00:22:20,240  
because because it's it's uncharted

558  
00:22:24,950 --> 00:22:22,400  
territory to me the fifth dimension is

559  
00:22:27,350 --> 00:22:24,960  
like a big train station and all these

560  
00:22:29,590 --> 00:22:27,360  
portals are opening up with all kinds of

561  
00:22:31,830 --> 00:22:29,600  
alien life coming through there have

562  
00:22:34,789 --> 00:22:31,840  
been more ufo sightings

563  
00:22:36,630 --> 00:22:34,799

now than ever before and and you know

564

00:22:38,149 --> 00:22:36,640

we're we're in a train station and

565

00:22:39,990 --> 00:22:38,159

everybody's trying to figure out well

566

00:22:42,149 --> 00:22:40,000

where are you going to go which way are

567

00:22:45,590 --> 00:22:42,159

you going to go are you going to put the

568

00:22:47,270 --> 00:22:45,600

shovel down and say no i'm not working

569

00:22:48,710 --> 00:22:47,280

or are you going to pick it up and say

570

00:22:50,630 --> 00:22:48,720

nope i'm going to work even harder

571

00:22:54,070 --> 00:22:50,640

because i know

572

00:22:57,029 --> 00:22:54,080

that my responsibility for being here is

573

00:22:57,990 --> 00:22:57,039

to this planet and taking care of her

574

00:22:58,950 --> 00:22:58,000

you know

575

00:23:02,710 --> 00:22:58,960

the

576

00:23:07,590 --> 00:23:02,720

amount of sightings

577

00:23:09,750 --> 00:23:07,600

the ability to see things has never been

578

00:23:13,190 --> 00:23:09,760

easier night vision

579

00:23:15,029 --> 00:23:13,200

ce fives night watches sky watches if

580

00:23:18,230 --> 00:23:15,039

you go out today

581

00:23:19,350 --> 00:23:18,240

and and patiently stand and stare at the

582

00:23:22,310 --> 00:23:19,360

stars

583

00:23:24,630 --> 00:23:22,320

you are going to see something that you

584

00:23:26,070 --> 00:23:24,640

cannot explain you're going to you're

585

00:23:27,990 --> 00:23:26,080

going to see something that doesn't

586

00:23:29,909 --> 00:23:28,000

compute in your brain

587

00:23:33,350 --> 00:23:29,919

yeah it's it's never been like that

588

00:23:36,310 --> 00:23:33,360

before no it hasn't and i have clients

589

00:23:38,390 --> 00:23:36,320

on a daily basis who are sharing with me

590

00:23:40,710 --> 00:23:38,400

you know out of the corner of my eye i

591

00:23:42,149 --> 00:23:40,720

saw this tall blue

592

00:23:44,710 --> 00:23:42,159

you know looking

593

00:23:46,310 --> 00:23:44,720

alien standing there or out you know i

594

00:23:50,470 --> 00:23:46,320

walked right across the porch in front

595

00:23:52,789 --> 00:23:50,480

of me this weird skinny uh stick like

596

00:23:54,549 --> 00:23:52,799

figure and it was real fast boom and it

597

00:23:57,190 --> 00:23:54,559

went right across in front of me on the

598

00:24:00,710 --> 00:23:57,200

porch i mean i hear this stuff all day

599

00:24:02,549 --> 00:24:00,720

long and you know i i i clear implants

600

00:24:04,789 --> 00:24:02,559

out of people i clear aliens out of

601  
00:24:07,350 --> 00:24:04,799  
people there's a there's a new alien

602  
00:24:09,909 --> 00:24:07,360  
that's come come here to the planet that

603  
00:24:12,149 --> 00:24:09,919  
that i call shadow aliens and

604  
00:24:14,230 --> 00:24:12,159  
the you know i i was told loud and clear

605  
00:24:17,350 --> 00:24:14,240  
that their mission is to

606  
00:24:20,870 --> 00:24:17,360  
take over humanity because they do not

607  
00:24:22,710 --> 00:24:20,880  
like how we have managed this planet and

608  
00:24:25,269 --> 00:24:22,720  
they're stepping into people's bodies

609  
00:24:27,029 --> 00:24:25,279  
and not to scare your audience but i'm

610  
00:24:30,230 --> 00:24:27,039  
sure they've been more scared by ex

611  
00:24:33,350 --> 00:24:30,240  
think of than what i've said is you know

612  
00:24:35,830 --> 00:24:33,360  
they they they want to inhabit humans

613  
00:24:37,269 --> 00:24:35,840

and basically take over

614

00:24:38,950 --> 00:24:37,279

you know and i

615

00:24:39,990 --> 00:24:38,960

i i

616

00:24:44,630 --> 00:24:40,000

i

617

00:24:46,390 --> 00:24:44,640

for all of us

618

00:24:49,029 --> 00:24:46,400

because that kind of thing doesn't

619

00:24:51,750 --> 00:24:49,039

happen if you're conscious and you're

620

00:24:54,149 --> 00:24:51,760

dealing with being responsible and being

621

00:24:55,350 --> 00:24:54,159

here let's take it out yeah let's take a

622

00:24:58,470 --> 00:24:55,360

break

623

00:25:00,630 --> 00:24:58,480

i'm stunned so let's let's let's pick

624

00:25:02,789 --> 00:25:00,640

this up when we come back after this

625

00:25:04,870 --> 00:25:02,799

short break our guest tonight sonia

626

00:25:06,710 --> 00:25:04,880

grace this is fade to black i'm your

627

00:25:09,350 --> 00:25:06,720

host jimmy church you can follow me on

628

00:25:10,789 --> 00:25:09,360

twitter at j church radio signing what's

629

00:25:13,269 --> 00:25:10,799

your twitter

630

00:25:15,590 --> 00:25:13,279

uh sonya grace guide

631

00:25:17,669 --> 00:25:15,600

sonia grace guide we'll get it up there

632

00:25:20,149 --> 00:25:17,679

on twitter and i'll see you when we come

633

00:25:23,029 --> 00:25:20,159

back stay with us

634

00:25:24,950 --> 00:25:23,039

you're listening to a preview of fade to

635

00:25:27,350 --> 00:25:24,960

black to get the full episode go to

636

00:25:30,070 --> 00:25:27,360

jimmychurchradio.com

637

00:25:32,789 --> 00:25:30,080

and get our podcast click on the podcast

638

00:25:35,909 --> 00:25:32,799

banner or sign up in the membership area

639

00:25:37,410 --> 00:25:35,919

for downloadable mp3s everything

640

00:25:39,110 --> 00:25:37,420

commercial free

641

00:25:40,710 --> 00:25:39,120

[Music]

642

00:25:42,870 --> 00:25:40,720

welcome back fade to black our guest

643

00:25:45,029 --> 00:25:42,880

tonight sonia grace we're talking about

644

00:25:47,430 --> 00:25:45,039

her new book it is called dancing with

645

00:25:49,510 --> 00:25:47,440

raven and bear a book of earth medicine

646

00:25:51,830 --> 00:25:49,520

and animal magic

647

00:25:54,230 --> 00:25:51,840

and you can follow sonia grace on

648

00:25:56,630 --> 00:25:54,240

twitter sonya grace guide i've got it up

649

00:25:58,390 --> 00:25:56,640

there for everybody and asani right

650

00:26:00,470 --> 00:25:58,400

before the break when you mentioned

651  
00:26:02,870 --> 00:26:00,480  
ringing in the ears you should have seen

652  
00:26:04,070 --> 00:26:02,880  
twitter light up

653  
00:26:05,750 --> 00:26:04,080  
it was

654  
00:26:07,430 --> 00:26:05,760  
so that's it that's it i've got it i've

655  
00:26:09,590 --> 00:26:07,440  
got pretty interesting because i have

656  
00:26:12,630 --> 00:26:09,600  
ringing in my ears too i always

657  
00:26:14,470 --> 00:26:12,640  
attributed it to my life in the music

658  
00:26:16,789 --> 00:26:14,480  
business just listening

659  
00:26:19,909 --> 00:26:16,799  
you know to too much uh black sabbath

660  
00:26:21,750 --> 00:26:19,919  
over the years but you know could but

661  
00:26:23,430 --> 00:26:21,760  
i've always wondered because i've

662  
00:26:26,390 --> 00:26:23,440  
chilled out

663  
00:26:28,789 --> 00:26:26,400

lately listening to uh loud music all

664

00:26:30,630 --> 00:26:28,799

day long i still listen to it but i also

665

00:26:34,390 --> 00:26:30,640

have headphones on at night because i

666

00:26:39,350 --> 00:26:34,400

broadcast so i wasn't sure but maybe it

667

00:26:42,149 --> 00:26:39,360

is that 5d movement now okay uh getting

668

00:26:44,549 --> 00:26:42,159

back to uh what you had said right

669

00:26:45,590 --> 00:26:44,559

before the break which is

670

00:26:50,470 --> 00:26:45,600

this

671

00:26:52,390 --> 00:26:50,480

uh

672

00:26:54,310 --> 00:26:52,400

very very interesting that was now that

673

00:26:56,070 --> 00:26:54,320

was different than the shadow aliens no

674

00:26:58,310 --> 00:26:56,080

i i picture

675

00:27:01,029 --> 00:26:58,320

was something that a client reported to

676  
00:27:03,590 --> 00:27:01,039  
me i i just pictured slenderman when you

677  
00:27:06,390 --> 00:27:03,600  
just when you described it that's that's

678  
00:27:09,110 --> 00:27:06,400  
okay so uh tell us about more about this

679  
00:27:10,789 --> 00:27:09,120  
well you know i there's i've seen so

680  
00:27:13,350 --> 00:27:10,799  
many because

681  
00:27:15,190 --> 00:27:13,360  
because of my work you know because i'm

682  
00:27:17,190 --> 00:27:15,200  
i'm working with people all day long and

683  
00:27:20,470 --> 00:27:17,200  
i'm clearing this stuff out of their

684  
00:27:21,269 --> 00:27:20,480  
field and and i've seen a lot of

685  
00:27:23,510 --> 00:27:21,279  
um

686  
00:27:24,870 --> 00:27:23,520  
they're not reptilians but they have a

687  
00:27:27,029 --> 00:27:24,880  
reptile

688  
00:27:30,230 --> 00:27:27,039

look to their face

689

00:27:32,630 --> 00:27:30,240

um and uh some of them are very dark in

690

00:27:34,950 --> 00:27:32,640

color some of them have been in a

691

00:27:37,350 --> 00:27:34,960

lighter color um

692

00:27:39,590 --> 00:27:37,360

it's i mean i'm just blown away by how

693

00:27:41,590 --> 00:27:39,600

many different species

694

00:27:43,590 --> 00:27:41,600

of aliens i have

695

00:27:45,669 --> 00:27:43,600

seen and had to

696

00:27:47,750 --> 00:27:45,679

you know clear get out of somebody's

697

00:27:48,710 --> 00:27:47,760

field and and sometimes out of their

698

00:27:51,029 --> 00:27:48,720

body

699

00:27:52,549 --> 00:27:51,039

because these guys are pretty serious

700

00:27:53,510 --> 00:27:52,559

about you know

701  
00:27:55,590 --> 00:27:53,520  
um

702  
00:27:57,830 --> 00:27:55,600  
getting what they need from this planet

703  
00:27:59,430 --> 00:27:57,840  
as opposed to

704  
00:28:01,350 --> 00:27:59,440  
you know uh

705  
00:28:04,149 --> 00:28:01,360  
going somewhere else are they feeding

706  
00:28:07,350 --> 00:28:04,159  
off of are they feeding off of our

707  
00:28:09,830 --> 00:28:07,360  
abundant negative energy

708  
00:28:13,110 --> 00:28:09,840  
i think that they are

709  
00:28:16,389 --> 00:28:13,120  
coming here with as much of an agenda

710  
00:28:18,870 --> 00:28:16,399  
as the human race has an agenda i think

711  
00:28:22,389 --> 00:28:18,880  
that that's where we are

712  
00:28:23,990 --> 00:28:22,399  
not like aliens but we have a similar

713  
00:28:26,070 --> 00:28:24,000

thing like some of them come here

714

00:28:28,310 --> 00:28:26,080

because they get water some of them come

715

00:28:30,149 --> 00:28:28,320

here for the natural resources

716

00:28:31,990 --> 00:28:30,159

some of them come here like these shadow

717

00:28:33,669 --> 00:28:32,000

aliens because they don't like the way

718

00:28:35,510 --> 00:28:33,679

we're managing this planet and they want

719

00:28:37,830 --> 00:28:35,520

to take it over

720

00:28:39,990 --> 00:28:37,840

but there's there's all kinds of agendas

721

00:28:42,310 --> 00:28:40,000

going on i'm just saying that you know

722

00:28:44,710 --> 00:28:42,320

we're guilty of having agendas too

723

00:28:46,310 --> 00:28:44,720

humans are sure the difference that i've

724

00:28:50,470 --> 00:28:46,320

seen with us

725

00:28:53,669 --> 00:28:50,480

is that we are very unique as a species

726

00:28:56,549 --> 00:28:53,679

because we get handed a big palette when

727

00:28:58,470 --> 00:28:56,559

we're born that has emotions you know

728

00:29:00,789 --> 00:28:58,480

it's all it's these different colors

729

00:29:02,389 --> 00:29:00,799

that are emotions and we we paint our

730

00:29:04,310 --> 00:29:02,399

reality with all these different

731

00:29:06,470 --> 00:29:04,320

feelings and emotions

732

00:29:08,870 --> 00:29:06,480

and you know you've heard numerous

733

00:29:10,389 --> 00:29:08,880

stories of grays and tall grays and

734

00:29:12,549 --> 00:29:10,399

reptilians having

735

00:29:14,789 --> 00:29:12,559

no feeling at all you know just you know

736

00:29:16,710 --> 00:29:14,799

abducting someone and you know doing

737

00:29:18,789 --> 00:29:16,720

surgery on them and not caring that the

738

00:29:21,110 --> 00:29:18,799

person is screaming you know there's

739

00:29:22,710 --> 00:29:21,120

there's no emotion there whereas we have

740

00:29:24,630 --> 00:29:22,720

lots of emotion

741

00:29:27,510 --> 00:29:24,640

and that's part of the gift and part of

742

00:29:30,310 --> 00:29:27,520

the burden of being a human is that we

743

00:29:33,029 --> 00:29:30,320

have these uh this incredible you know

744

00:29:36,389 --> 00:29:33,039

vibratory energy that are called

745

00:29:39,510 --> 00:29:36,399

feelings that connect us to each other

746

00:29:40,870 --> 00:29:39,520

it also is the very element that creates

747

00:29:43,750 --> 00:29:40,880

more karma

748

00:29:46,389 --> 00:29:43,760

because when we're connecting our energy

749

00:29:49,430 --> 00:29:46,399

with another person's energy like i'm

750

00:29:52,149 --> 00:29:49,440

angry you're angry we you know we dial

751  
00:29:54,630 --> 00:29:52,159  
up the whole anger thing and the karma

752  
00:29:57,590 --> 00:29:54,640  
wheel starts turning again because now

753  
00:30:00,789 --> 00:29:57,600  
now we're getting into sort of you know

754  
00:30:03,990 --> 00:30:00,799  
the the your your karma my karma and the

755  
00:30:06,789 --> 00:30:04,000  
collective karma of quote-unquote anger

756  
00:30:08,389 --> 00:30:06,799  
so so there was again i go back to that

757  
00:30:11,269 --> 00:30:08,399  
word responsibility

758  
00:30:14,230 --> 00:30:11,279  
the responsibility that we have to

759  
00:30:16,950 --> 00:30:14,240  
experience being human and feel our

760  
00:30:17,669 --> 00:30:16,960  
feelings but most importantly ground

761  
00:30:20,950 --> 00:30:17,679  
them

762  
00:30:22,870 --> 00:30:20,960  
ground that energy is is is

763  
00:30:25,269 --> 00:30:22,880

so high right now

764

00:30:27,269 --> 00:30:25,279

because of what we're dealing with

765

00:30:28,870 --> 00:30:27,279

you know we're not we're not back in the

766

00:30:31,190 --> 00:30:28,880

fourth dimension

767

00:30:34,710 --> 00:30:31,200

you know floating down a river sipping

768

00:30:37,669 --> 00:30:34,720

margaritas yeah exactly and we have we

769

00:30:40,070 --> 00:30:37,679

have uh we have a line in the sand

770

00:30:42,870 --> 00:30:40,080

inside of the ufo community

771

00:30:47,110 --> 00:30:42,880

which uh on one side

772

00:30:49,430 --> 00:30:47,120

uh uh et is is benevolent

773

00:30:52,710 --> 00:30:49,440

they're here for us like i said earlier

774

00:30:54,950 --> 00:30:52,720

we they're here to rescue us right

775

00:30:56,549 --> 00:30:54,960

they're here to save us and then on the

776

00:30:59,510 --> 00:30:56,559

other side of the sand

777

00:31:03,110 --> 00:30:59,520

uh this is benevolence this is a bad

778

00:31:04,710 --> 00:31:03,120

situation this is they are not here for

779

00:31:08,389 --> 00:31:04,720

us

780

00:31:11,830 --> 00:31:08,399

it and and and nobody there isn't um

781

00:31:13,750 --> 00:31:11,840

there isn't a blending of the two

782

00:31:14,549 --> 00:31:13,760

on both sides let me clear this up

783

00:31:16,549 --> 00:31:14,559

because

784

00:31:17,669 --> 00:31:16,559

i i hear both sides of this fence all

785

00:31:21,269 --> 00:31:17,679

the time

786

00:31:23,830 --> 00:31:21,279

and you know if anybody sat in my job in

787

00:31:25,909 --> 00:31:23,840

my seat all day long dealing with what i

788

00:31:27,750 --> 00:31:25,919

deal with and what i can see

789

00:31:29,430 --> 00:31:27,760

um i think they might have a different

790

00:31:32,310 --> 00:31:29,440

perspective on this

791

00:31:34,710 --> 00:31:32,320

i feel that the benevolent ones the ones

792

00:31:37,830 --> 00:31:34,720

that are there to help us are the

793

00:31:39,590 --> 00:31:37,840

demigods the demigods like the the

794

00:31:41,830 --> 00:31:39,600

egyptian gods the

795

00:31:44,630 --> 00:31:41,840

the mayan gods the hopi gods the norse

796

00:31:47,750 --> 00:31:44,640

gods you know the greek gods all those

797

00:31:51,110 --> 00:31:47,760

different gods are star beans they're

798

00:31:53,590 --> 00:31:51,120

much much bigger they're 18 feet high

799

00:31:55,269 --> 00:31:53,600

you know they're super tall they're big

800

00:31:57,590 --> 00:31:55,279

they're benevolent they're right up

801  
00:31:59,269 --> 00:31:57,600  
there with angels you know they're

802  
00:32:01,110 --> 00:31:59,279  
they're they're

803  
00:32:03,430 --> 00:32:01,120  
they're incredible and they're the ones

804  
00:32:05,909 --> 00:32:03,440  
that come here and help us

805  
00:32:08,710 --> 00:32:05,919  
and i put the i put pleadians in that

806  
00:32:11,269 --> 00:32:08,720  
same group because the pleadians have

807  
00:32:13,029 --> 00:32:11,279  
had such an influence on

808  
00:32:14,630 --> 00:32:13,039  
our species

809  
00:32:16,549 --> 00:32:14,640  
from the beginning i mean it's

810  
00:32:19,190 --> 00:32:16,559  
incredible how much they've influenced

811  
00:32:22,389 --> 00:32:19,200  
us but all these different star

812  
00:32:25,669 --> 00:32:22,399  
star beings have come down and helped

813  
00:32:28,549 --> 00:32:25,679

shape humanity at different times like

814

00:32:30,389 --> 00:32:28,559

when you know when the comets hit earth

815

00:32:31,990 --> 00:32:30,399

twelve thousand five hundred or as

816

00:32:33,350 --> 00:32:32,000

graham says twelve thousand eight

817

00:32:35,509 --> 00:32:33,360

hundred twelve thousand five hundred

818

00:32:36,389 --> 00:32:35,519

somewhere in there uh when the comets

819

00:32:38,549 --> 00:32:36,399

hit

820

00:32:41,750 --> 00:32:38,559

you know earth and and atlantis fell in

821

00:32:44,310 --> 00:32:41,760

lemuria fell we started a new phase of

822

00:32:47,029 --> 00:32:44,320

humanity and that's when all these

823

00:32:48,950 --> 00:32:47,039

portals open up from the earth kind of

824

00:32:51,110 --> 00:32:48,960

like these big beams going out to the

825

00:32:53,350 --> 00:32:51,120

universe saying okay we're ready and

826

00:32:54,230 --> 00:32:53,360

that's all the star beings start to come

827

00:32:56,630 --> 00:32:54,240

down

828

00:32:59,590 --> 00:32:56,640

the the demigods and you know when

829

00:33:02,389 --> 00:32:59,600

people wonder well well why why did you

830

00:33:04,470 --> 00:33:02,399

know why did the people start burying

831

00:33:06,789 --> 00:33:04,480

all these people next to stonehenge why

832

00:33:08,630 --> 00:33:06,799

are there these burial mounds well it's

833

00:33:10,470 --> 00:33:08,640

because the gods

834

00:33:13,590 --> 00:33:10,480

they weren't coming back when they built

835

00:33:16,950 --> 00:33:13,600

stonehenge they said this is our last

836

00:33:19,669 --> 00:33:16,960

gift to the people this is our statement

837

00:33:21,990 --> 00:33:19,679

that we will always be here with you

838

00:33:23,669 --> 00:33:22,000

and they and they were gone and so they

839

00:33:26,149 --> 00:33:23,679

started burying their people next to the

840

00:33:28,230 --> 00:33:26,159

stonehenge because as the the high

841

00:33:30,549 --> 00:33:28,240

priestesses and you know people in

842

00:33:32,230 --> 00:33:30,559

higher positions because they wanted to

843

00:33:34,389 --> 00:33:32,240

bring the gods back

844

00:33:36,389 --> 00:33:34,399

just like the mayan people you know or

845

00:33:38,950 --> 00:33:36,399

the aztec people you know anybody who

846

00:33:40,389 --> 00:33:38,960

sacrificed humans they want to bring the

847

00:33:42,470 --> 00:33:40,399

gods back

848

00:33:45,750 --> 00:33:42,480

and because the gods have always helped

849

00:33:47,590 --> 00:33:45,760

the people alien species are a different

850

00:33:49,909 --> 00:33:47,600

that's a whole different thing

851  
00:33:52,870 --> 00:33:49,919  
they're they're there i put them on kind

852  
00:33:54,630 --> 00:33:52,880  
of the same playing field as humans but

853  
00:33:56,470 --> 00:33:54,640  
obviously if they're flying around space

854  
00:33:58,070 --> 00:33:56,480  
and spaceships they're much more evolved

855  
00:34:00,230 --> 00:33:58,080  
than we are

856  
00:34:02,149 --> 00:34:00,240  
at least technology-wise you know yeah

857  
00:34:03,990 --> 00:34:02,159  
that's a and i think that's exactly the

858  
00:34:06,230 --> 00:34:04,000  
point i want to go back to what you said

859  
00:34:09,829 --> 00:34:06,240  
what do you mean i feel our feelings and

860  
00:34:14,470 --> 00:34:11,909  
i mean that

861  
00:34:17,270 --> 00:34:14,480  
when you get angry

862  
00:34:19,909 --> 00:34:17,280  
it's really important to feel that anger

863  
00:34:21,510 --> 00:34:19,919

but to release that energy into the

864

00:34:23,589 --> 00:34:21,520

earth

865

00:34:25,909 --> 00:34:23,599

and you know i i have a grounding

866

00:34:28,230 --> 00:34:25,919

meditation that's the basis of all my

867

00:34:31,109 --> 00:34:28,240

work that i do and it's literally

868

00:34:33,589 --> 00:34:31,119

grounding the energy from each chakra

869

00:34:35,109 --> 00:34:33,599

into the earth and that we have this

870

00:34:38,069 --> 00:34:35,119

incredible

871

00:34:41,109 --> 00:34:38,079

connection to this planet that we are

872

00:34:44,069 --> 00:34:41,119

meant to experience and that is our

873

00:34:47,030 --> 00:34:44,079

energy connected with the earth's

874

00:34:49,270 --> 00:34:47,040

that's our first and foremost

875

00:34:51,829 --> 00:34:49,280

uh important

876

00:34:53,109 --> 00:34:51,839

connection that we need to be making and

877

00:34:56,310 --> 00:34:53,119

you know

878

00:34:58,790 --> 00:34:56,320

as a as a species we we tend to

879

00:35:00,710 --> 00:34:58,800

send our energy out into the world you

880

00:35:03,430 --> 00:35:00,720

know you walk down the street and you

881

00:35:05,829 --> 00:35:03,440

see someone you know everybody's looking

882

00:35:07,750 --> 00:35:05,839

at this person you know they're like wow

883

00:35:08,710 --> 00:35:07,760

who is this person you know and they're

884

00:35:10,150 --> 00:35:08,720

not

885

00:35:11,910 --> 00:35:10,160

maybe they're attractive maybe they're

886

00:35:14,069 --> 00:35:11,920

not but they're they're drawing

887

00:35:16,069 --> 00:35:14,079

attention and it's because their their

888

00:35:18,470 --> 00:35:16,079

second chakra energy is not grounded at

889

00:35:20,150 --> 00:35:18,480

all it's just connecting with everybody

890

00:35:22,470 --> 00:35:20,160

as they walk by

891

00:35:24,390 --> 00:35:22,480

well you know yeah i mean that's what

892

00:35:26,390 --> 00:35:24,400

that's what a lot of people do and and

893

00:35:28,150 --> 00:35:26,400

it's not that it's bad

894

00:35:30,230 --> 00:35:28,160

it's just that it's not

895

00:35:32,310 --> 00:35:30,240

it's not going to get you where you need

896

00:35:33,430 --> 00:35:32,320

to be and it's certainly not going to

897

00:35:38,870 --> 00:35:33,440

give you

898

00:35:41,430 --> 00:35:38,880

power and i mean power in the sense of

899

00:35:43,430 --> 00:35:41,440

you know a grounded understanding of who

900

00:35:45,109 --> 00:35:43,440

you are is connect connecting your

901  
00:35:47,589 --> 00:35:45,119  
energy to the earth

902  
00:35:51,270 --> 00:35:47,599  
i uh and and going back to another point

903  
00:35:53,349 --> 00:35:51,280  
that you just made which is this

904  
00:35:55,589 --> 00:35:53,359  
science today okay let's back up let's

905  
00:35:58,310 --> 00:35:55,599  
go let's go let's go

906  
00:36:00,950 --> 00:35:58,320  
75 years ago let's go back to roswell

907  
00:36:04,230 --> 00:36:00,960  
1947 and the

908  
00:36:07,990 --> 00:36:04,240  
fantastic unbelievably wonderful

909  
00:36:10,310 --> 00:36:08,000  
ufo flying saucer movies of the 50s

910  
00:36:11,270 --> 00:36:10,320  
it was our view

911  
00:36:13,430 --> 00:36:11,280  
that

912  
00:36:16,390 --> 00:36:13,440  
there it's just like

913  
00:36:19,990 --> 00:36:16,400

one type of alien one type of et one

914

00:36:22,550 --> 00:36:20,000

type of culture that you know one view

915

00:36:24,710 --> 00:36:22,560

and it's kind of expanded into a couple

916

00:36:28,630 --> 00:36:24,720

or maybe a half a dozen

917

00:36:33,109 --> 00:36:28,640

science today sonia is saying that in

918

00:36:35,190 --> 00:36:33,119

our milky way there are 50 billion rocky

919

00:36:37,589 --> 00:36:35,200

planets not one

920

00:36:42,310 --> 00:36:37,599

not just earth and what that would

921

00:36:45,670 --> 00:36:42,320

indicate is earth is known to

922

00:36:49,030 --> 00:36:45,680

thousands of civilizations if not

923

00:36:53,190 --> 00:36:49,040

millions of civilizations and it's not

924

00:36:55,589 --> 00:36:53,200

one uh mindset that is visiting us

925

00:36:57,750 --> 00:36:55,599

it's it's it's a plethora

926

00:37:00,790 --> 00:36:57,760

we you know it is

927

00:37:03,190 --> 00:37:00,800

it's just not one thing that is visiting

928

00:37:04,550 --> 00:37:03,200

here it could be thousands every single

929

00:37:07,670 --> 00:37:04,560

day

930

00:37:10,870 --> 00:37:07,680

exactly and the fact you know we are so

931

00:37:13,750 --> 00:37:10,880

not trained in our eyes you know when

932

00:37:15,109 --> 00:37:13,760

you grow up it naturally in the woods or

933

00:37:17,030 --> 00:37:15,119

you know

934

00:37:19,670 --> 00:37:17,040

where there's not a lot of civilization

935

00:37:22,310 --> 00:37:19,680

around you there's just a natural world

936

00:37:23,270 --> 00:37:22,320

you attune your eyes in a way that you

937

00:37:32,310 --> 00:37:23,280

see

938

00:37:35,030 --> 00:37:32,320

you know a 100 feet off you know you you

939

00:37:37,190 --> 00:37:35,040

see the deer pass through that most

940

00:37:39,829 --> 00:37:37,200

people wouldn't you start seeing things

941

00:37:42,390 --> 00:37:39,839

that you don't normally see and and you

942

00:37:44,710 --> 00:37:42,400

know alien life my god there there

943

00:37:45,670 --> 00:37:44,720

there's so many of them that are really

944

00:37:49,109 --> 00:37:45,680

really

945

00:37:51,589 --> 00:37:49,119

good at being chameleons and completely

946

00:37:54,069 --> 00:37:51,599

disguising themselves i remember my

947

00:37:56,870 --> 00:37:54,079

husband and i were driving to the coast

948

00:37:59,349 --> 00:37:56,880

and i i and i knew there was something

949

00:38:02,550 --> 00:37:59,359

in the woods to my right i knew it i

950

00:38:05,670 --> 00:38:02,560

felt it you know i sensed it and i but i

951  
00:38:08,310 --> 00:38:05,680  
didn't look and i held up my iphone and

952  
00:38:10,950 --> 00:38:08,320  
i took a picture without looking my face

953  
00:38:12,630 --> 00:38:10,960  
was still facing the windshield held up

954  
00:38:13,750 --> 00:38:12,640  
the pit you know took the picture and

955  
00:38:17,750 --> 00:38:13,760  
sure enough

956  
00:38:18,790 --> 00:38:17,760  
in the picture there is a figure of a

957  
00:38:21,349 --> 00:38:18,800  
person

958  
00:38:22,310 --> 00:38:21,359  
and it is totally alien and it's got

959  
00:38:27,109 --> 00:38:22,320  
green

960  
00:38:29,589 --> 00:38:27,119  
it's it's like a chameleon it is it is

961  
00:38:32,310 --> 00:38:29,599  
literally blending in with the forest

962  
00:38:35,270 --> 00:38:32,320  
but you could see it i want to see it i

963  
00:38:37,589 --> 00:38:35,280

know no i want to see your picture yeah

964

00:38:40,150 --> 00:38:37,599

send it to me send it to me uh uh

965

00:38:42,790 --> 00:38:40,160

sideways uh you know email off of the

966

00:38:45,670 --> 00:38:42,800

show but okay yeah i want to see that

967

00:38:47,670 --> 00:38:45,680

yeah yeah i mean i've taken pictures of

968

00:38:51,670 --> 00:38:47,680

ufos right off my backyard here in

969

00:38:54,230 --> 00:38:51,680

arizona i mean we we have so many um

970

00:38:55,990 --> 00:38:54,240

ufo sightings here in this state

971

00:38:57,990 --> 00:38:56,000

and you know i know there were lights

972

00:38:59,589 --> 00:38:58,000

that were seen just a couple days ago

973

00:39:02,390 --> 00:38:59,599

over phoenix

974

00:39:04,550 --> 00:39:02,400

and you know it's it's it

975

00:39:06,790 --> 00:39:04,560

my my adopted family on the hopi

976

00:39:09,270 --> 00:39:06,800

reservation you know they adopted me out

977

00:39:11,349 --> 00:39:09,280

there and i'm my husband's from the hopi

978

00:39:14,150 --> 00:39:11,359

reservation i mean you wouldn't believe

979

00:39:17,430 --> 00:39:14,160

the stories that these people have about

980

00:39:19,190 --> 00:39:17,440

seeing ships and how and and

981

00:39:21,270 --> 00:39:19,200

you know going to to some of the

982

00:39:24,470 --> 00:39:21,280

villages and there's you know these

983

00:39:26,870 --> 00:39:24,480

aliens walking with the people

984

00:39:29,349 --> 00:39:26,880

walking around with them this is like

985

00:39:31,510 --> 00:39:29,359

you know maybe in the in the 50s when

986

00:39:33,750 --> 00:39:31,520

that when when that happened

987

00:39:35,109 --> 00:39:33,760

but it's it's crazy i mean there's

988

00:39:37,270 --> 00:39:35,119

we were driving

989

00:39:39,750 --> 00:39:37,280

there on the mesa we're heading down the

990

00:39:40,950 --> 00:39:39,760

hill and there was a ufo that came right

991

00:39:46,230 --> 00:39:40,960

over us

992

00:39:48,710 --> 00:39:46,240

and i gasped

993

00:39:50,710 --> 00:39:48,720

and you know it's it's a drop off on one

994

00:39:51,910 --> 00:39:50,720

side of the road you don't want to you

995

00:39:52,710 --> 00:39:51,920

don't want to take your eyes off the

996

00:39:55,190 --> 00:39:52,720

road

997

00:39:57,589 --> 00:39:55,200

and my husband was just i mean i've

998

00:39:59,750 --> 00:39:57,599

never seen him look like that i mean he

999

00:40:02,390 --> 00:39:59,760

had this look on his face like

1000

00:40:04,390 --> 00:40:02,400

holy crap you know there's it and i said

1001  
00:40:07,190 --> 00:40:04,400  
do you see it and he said yeah i see it

1002  
00:40:09,270 --> 00:40:07,200  
i said okay good

1003  
00:40:11,430 --> 00:40:09,280  
don't you love it when that happens

1004  
00:40:12,950 --> 00:40:11,440  
don't you love it don't you love it rita

1005  
00:40:16,310 --> 00:40:12,960  
and i i'm not going to go into the full

1006  
00:40:19,589 --> 00:40:16,320  
story but uh rita and i have seen things

1007  
00:40:22,550 --> 00:40:19,599  
together a lot and and i enjoy it

1008  
00:40:25,430 --> 00:40:22,560  
because we get to experience it together

1009  
00:40:28,230 --> 00:40:25,440  
what i find strange about that

1010  
00:40:29,109 --> 00:40:28,240  
is that nobody else sees it like there's

1011  
00:40:31,030 --> 00:40:29,119  
not

1012  
00:40:32,790 --> 00:40:31,040  
thousands of phone calls into the police

1013  
00:40:37,109 --> 00:40:32,800

station that it's not reported on the

1014

00:40:39,750 --> 00:40:37,119

news it seems that it was just for us

1015

00:40:42,150 --> 00:40:39,760

exactly i i i love it when it happens

1016

00:40:44,069 --> 00:40:42,160

but it's frustrating we had this site

1017

00:40:45,750 --> 00:40:44,079

this just like you guys

1018

00:40:48,950 --> 00:40:45,760

right we're coming out of the mountains

1019

00:40:51,510 --> 00:40:48,960

this ufo flies over our car and it

1020

00:40:54,150 --> 00:40:51,520

appears to land in van nuys

1021

00:40:57,589 --> 00:40:54,160

right right in front of us in the valley

1022

00:40:59,990 --> 00:40:57,599

and i call mufon we rush home i turn on

1023

00:41:02,550 --> 00:41:00,000

the news i'm waiting for

1024

00:41:04,870 --> 00:41:02,560

the ufo sighting of the century

1025

00:41:06,470 --> 00:41:04,880

right silence

1026

00:41:09,190 --> 00:41:06,480

crickets

1027

00:41:11,349 --> 00:41:09,200

it was an impossibility to us

1028

00:41:14,309 --> 00:41:11,359

but yeah there you go it happened just

1029

00:41:16,069 --> 00:41:14,319

it i i can't explain it and i i do enjoy

1030

00:41:19,030 --> 00:41:16,079

it when it happens that way

1031

00:41:21,190 --> 00:41:19,040

i i think it's fabulous you know i i the

1032

00:41:22,630 --> 00:41:21,200

one story that really sticks in my mind

1033

00:41:24,870 --> 00:41:22,640

is um

1034

00:41:26,790 --> 00:41:24,880

uh my dad on on the reservation he was

1035

00:41:27,750 --> 00:41:26,800

telling me that that they were driving

1036

00:41:28,630 --> 00:41:27,760

home

1037

00:41:30,390 --> 00:41:28,640

uh

1038

00:41:31,750 --> 00:41:30,400

from one end of the reservation to the

1039

00:41:33,750 --> 00:41:31,760

other and

1040

00:41:36,470 --> 00:41:33,760

and it was nighttime and it's all kind

1041

00:41:38,870 --> 00:41:36,480

of rolling planes rolling fields and

1042

00:41:42,150 --> 00:41:38,880

there was it was totally lit up on one

1043

00:41:44,630 --> 00:41:42,160

side of this of this vast landscape like

1044

00:41:46,790 --> 00:41:44,640

a big city it was just lights nothing

1045

00:41:48,230 --> 00:41:46,800

but lights and you could see these poles

1046

00:41:51,109 --> 00:41:48,240

kind of sticking up and you could see

1047

00:41:54,069 --> 00:41:51,119

people working on these poles

1048

00:41:55,990 --> 00:41:54,079

and and they pulled over and and

1049

00:41:58,390 --> 00:41:56,000

you know my mom said well i didn't know

1050

00:42:01,190 --> 00:41:58,400

they built a city out here

1051  
00:42:02,790 --> 00:42:01,200  
and he looked at her and he said that's

1052  
00:42:05,670 --> 00:42:02,800  
not a city

1053  
00:42:08,150 --> 00:42:05,680  
we got to go and they got in the car it

1054  
00:42:10,230 --> 00:42:08,160  
was a giant mothership i mean it was

1055  
00:42:12,470 --> 00:42:10,240  
really really big and

1056  
00:42:14,550 --> 00:42:12,480  
and so they went back the next day they

1057  
00:42:16,950 --> 00:42:14,560  
had to go back and pick something up and

1058  
00:42:18,630 --> 00:42:16,960  
it was gone there was nothing there

1059  
00:42:21,270 --> 00:42:18,640  
this was your dad

1060  
00:42:23,190 --> 00:42:21,280  
yeah well my adopted parents on youtube

1061  
00:42:24,150 --> 00:42:23,200  
reservation yeah close enough close

1062  
00:42:27,349 --> 00:42:24,160  
enough

1063  
00:42:29,829 --> 00:42:27,359

and and how do they live through the

1064

00:42:31,670 --> 00:42:29,839

experience in that they've got to think

1065

00:42:33,670 --> 00:42:31,680

about it talk about it

1066

00:42:35,990 --> 00:42:33,680

well sure and but see they've had

1067

00:42:38,870 --> 00:42:36,000

they've they have stories and you know

1068

00:42:41,589 --> 00:42:38,880

sightings that they have experienced

1069

00:42:43,750 --> 00:42:41,599

their whole lives i mean he he remembers

1070

00:42:46,069 --> 00:42:43,760

you know seeing ships land in the

1071

00:42:48,870 --> 00:42:46,079

driveway of their ranch and as a little

1072

00:42:51,190 --> 00:42:48,880

boy laying on the on the on the knoll

1073

00:42:53,510 --> 00:42:51,200

and watching this light blink on top of

1074

00:42:56,390 --> 00:42:53,520

this ship and then getting really scared

1075

00:42:58,710 --> 00:42:56,400

and running like crazy back to the house

1076

00:43:02,390 --> 00:42:58,720

you know there's there's some really uh

1077

00:43:03,190 --> 00:43:02,400

uh there's a lot of activity especially

1078

00:43:04,710 --> 00:43:03,200

in

1079

00:43:05,670 --> 00:43:04,720

places where

1080

00:43:07,510 --> 00:43:05,680

um

1081

00:43:10,230 --> 00:43:07,520

there's not a lot of populace you know

1082

00:43:12,470 --> 00:43:10,240

it's it's it's there's a lot of activity

1083

00:43:13,910 --> 00:43:12,480

now you brought up tinnitus right that

1084

00:43:17,349 --> 00:43:13,920

you don't think that the world

1085

00:43:19,349 --> 00:43:17,359

population everybody has tinnitus yeah

1086

00:43:20,630 --> 00:43:19,359

on the same uh

1087

00:43:23,349 --> 00:43:20,640

view

1088

00:43:25,349 --> 00:43:23,359

the tens if not hundreds of millions of

1089

00:43:27,270 --> 00:43:25,359

people around the world

1090

00:43:28,790 --> 00:43:27,280

that have had sightings that have made

1091

00:43:31,270 --> 00:43:28,800

contact

1092

00:43:34,309 --> 00:43:31,280

they're not crazy either there is

1093

00:43:37,349 --> 00:43:34,319

something happening on on a on a world

1094

00:43:41,109 --> 00:43:37,359

scale isn't there yes there is

1095

00:43:45,190 --> 00:43:41,119

and and you know people are feeling it

1096

00:43:46,550 --> 00:43:45,200

um on on kind of all different levels um

1097

00:43:48,790 --> 00:43:46,560

meaning

1098

00:43:51,030 --> 00:43:48,800

there's a lot of anxiety right now

1099

00:43:54,470 --> 00:43:51,040

there's a lot of people with anxiety and

1100

00:43:56,870 --> 00:43:54,480

a lot of people who are stressing out um

1101

00:43:59,190 --> 00:43:56,880

there's a feeling of you know sort of

1102

00:44:01,190 --> 00:43:59,200

like something's coming i have i have

1103

00:44:02,710 --> 00:44:01,200

people who write me daily telling me

1104

00:44:05,349 --> 00:44:02,720

that they feel this big earthquake

1105

00:44:07,670 --> 00:44:05,359

coming and what should they do and you

1106

00:44:10,390 --> 00:44:07,680

know i mean gosh there's just so many

1107

00:44:12,790 --> 00:44:10,400

things that are sort of shifting for us

1108

00:44:15,030 --> 00:44:12,800

even if it's just in our psyche it's

1109

00:44:16,309 --> 00:44:15,040

shifting and a lot of this has to do

1110

00:44:19,750 --> 00:44:16,319

with the fact

1111

00:44:24,069 --> 00:44:19,760

that many people on the planet

1112

00:44:27,030 --> 00:44:24,079

came from and first incarnated to earth

1113

00:44:29,349 --> 00:44:27,040

during atlantis and lemuria it's like we

1114

00:44:32,230 --> 00:44:29,359

came in at the end of atlantis and

1115

00:44:33,910 --> 00:44:32,240

lemuria and so many people on the planet

1116

00:44:36,309 --> 00:44:33,920

have experienced

1117

00:44:37,589 --> 00:44:36,319

and did experience the fall of atlantis

1118

00:44:38,550 --> 00:44:37,599

and lemuria

1119

00:44:40,390 --> 00:44:38,560

and

1120

00:44:43,030 --> 00:44:40,400

you don't forget something like that i

1121

00:44:45,589 --> 00:44:43,040

mean that was major and there were land

1122

00:44:47,589 --> 00:44:45,599

masses that moved you know it was big

1123

00:44:48,550 --> 00:44:47,599

and so there's a lot of that you know

1124

00:44:52,230 --> 00:44:48,560

karmic

1125

00:44:54,069 --> 00:44:52,240

a lot of that fear

1126  
00:44:56,550 --> 00:44:54,079  
that runs through people because they

1127  
00:44:59,030 --> 00:44:56,560  
remember you know mass destruction they

1128  
00:45:00,630 --> 00:44:59,040  
remember that i have clients who had

1129  
00:45:03,030 --> 00:45:00,640  
past lives in

1130  
00:45:05,109 --> 00:45:03,040  
you know in

1131  
00:45:07,910 --> 00:45:05,119  
hiroshima when it when the bomb went off

1132  
00:45:10,230 --> 00:45:07,920  
in pearl harbor you know in in world war

1133  
00:45:13,190 --> 00:45:10,240  
ii and concentration camps i mean this

1134  
00:45:15,750 --> 00:45:13,200  
stuff is it's real and it stays with us

1135  
00:45:19,030 --> 00:45:15,760  
and it is a part of the karmic stuff

1136  
00:45:20,950 --> 00:45:19,040  
that we have to work out so so when

1137  
00:45:22,790 --> 00:45:20,960  
people feel like

1138  
00:45:25,030 --> 00:45:22,800

you know something's coming and

1139

00:45:27,190 --> 00:45:25,040

something's something's happening

1140

00:45:30,710 --> 00:45:27,200

my advice to everybody is to get let's

1141

00:45:33,990 --> 00:45:30,720

go back to basics let's go back to

1142

00:45:35,430 --> 00:45:34,000

okay you know we understand that we're

1143

00:45:38,069 --> 00:45:35,440

here

1144

00:45:39,589 --> 00:45:38,079

as infinite souls having a human

1145

00:45:42,950 --> 00:45:39,599

experience

1146

00:45:45,109 --> 00:45:42,960

and there is there is fear

1147

00:45:48,069 --> 00:45:45,119

if you want to plug into fear

1148

00:45:50,790 --> 00:45:48,079

and there is no fear if you want to sit

1149

00:45:52,710 --> 00:45:50,800

in a place where you are

1150

00:45:55,270 --> 00:45:52,720

allowing

1151  
00:45:56,950 --> 00:45:55,280  
you know the universe creator whatever

1152  
00:45:58,630 --> 00:45:56,960  
everybody wants to call that higher

1153  
00:45:59,430 --> 00:45:58,640  
power energy

1154  
00:46:12,309 --> 00:45:59,440  
to

1155  
00:46:13,910 --> 00:46:12,319  
you know annihilated or abandoned and

1156  
00:46:16,230 --> 00:46:13,920  
this then brings back what you were

1157  
00:46:19,430 --> 00:46:16,240  
talking about the side of the fence that

1158  
00:46:22,069 --> 00:46:19,440  
believes all alien life is benevolent

1159  
00:46:25,030 --> 00:46:22,079  
okay i don't agree with that i don't

1160  
00:46:26,390 --> 00:46:25,040  
feel that um that all alien life is

1161  
00:46:29,190 --> 00:46:26,400  
coming here

1162  
00:46:31,990 --> 00:46:29,200  
to somehow make our lives better nor do

1163  
00:46:33,510 --> 00:46:32,000

i believe that implants are going to

1164

00:46:35,670 --> 00:46:33,520

somehow

1165

00:46:37,829 --> 00:46:35,680

you know evolve us

1166

00:46:39,589 --> 00:46:37,839

for god's sakes we are

1167

00:46:42,230 --> 00:46:39,599

infinite souls

1168

00:46:44,790 --> 00:46:42,240

having a human experience if we can't

1169

00:46:48,230 --> 00:46:44,800

take responsibility and have that

1170

00:46:51,109 --> 00:46:48,240

evolutionary enlightenment experience

1171

00:46:52,630 --> 00:46:51,119

then yeah you know then we got to go

1172

00:46:54,309 --> 00:46:52,640

back through the playbook and see where

1173

00:46:57,349 --> 00:46:54,319

we're missing the point well that's

1174

00:46:59,510 --> 00:46:57,359

exactly the point and ancient cultures

1175

00:47:00,550 --> 00:46:59,520

you know before technology before modern

1176

00:47:04,230 --> 00:47:00,560

history

1177

00:47:06,390 --> 00:47:04,240

ancient cultures fully understood this

1178

00:47:09,270 --> 00:47:06,400

fully embrace this you brought up

1179

00:47:12,309 --> 00:47:09,280

shamans earlier and and the hopi culture

1180

00:47:14,630 --> 00:47:12,319

not only uh here with the indigenous

1181

00:47:16,390 --> 00:47:14,640

cultures in the united states but it was

1182

00:47:19,750 --> 00:47:16,400

all around the world going all the way

1183

00:47:22,630 --> 00:47:19,760

back to mesopotamia in ancient egypt and

1184

00:47:25,270 --> 00:47:22,640

beyond and before that

1185

00:47:27,829 --> 00:47:25,280

and we've lost exactly we've lost that

1186

00:47:28,870 --> 00:47:27,839

that that vision that that contact of

1187

00:47:31,910 --> 00:47:28,880

ourselves

1188

00:47:36,309 --> 00:47:31,920

yes yes we have and and we've really uh

1189

00:47:40,710 --> 00:47:36,319

it this time right now reminds me a lot

1190

00:47:42,390 --> 00:47:40,720

of you know 4000 bc when you know when

1191

00:47:44,309 --> 00:47:42,400

when everybody's starting to get

1192

00:47:47,510 --> 00:47:44,319

squirrely because the demigods aren't

1193

00:47:51,670 --> 00:47:47,520

coming back and and there there's a lot

1194

00:47:53,750 --> 00:47:51,680

of power shift going on between uh women

1195

00:47:56,230 --> 00:47:53,760

you know the the high priestesses having

1196

00:47:58,870 --> 00:47:56,240

all the power to shifting over to the

1197

00:48:00,710 --> 00:47:58,880

men and the druid practice and all of

1198

00:48:03,510 --> 00:48:00,720

that i mean that that was a whole kind

1199

00:48:05,109 --> 00:48:03,520

of wave that took over as well

1200

00:48:08,150 --> 00:48:05,119

and and we

1201

00:48:11,190 --> 00:48:08,160

you know we have so much memory

1202

00:48:14,069 --> 00:48:11,200

and and people may not like recognize us

1203

00:48:16,950 --> 00:48:14,079

but we we have such a deep

1204

00:48:17,990 --> 00:48:16,960

memory of stuff in our soul body that

1205

00:48:21,190 --> 00:48:18,000

when we

1206

00:48:23,829 --> 00:48:21,200

fear

1207

00:48:25,750 --> 00:48:23,839

we can we can tap into that i mean i'm

1208

00:48:27,349 --> 00:48:25,760

sure your listeners have have had

1209

00:48:29,190 --> 00:48:27,359

experiences where

1210

00:48:31,349 --> 00:48:29,200

you know you've gone to italy and you've

1211

00:48:33,670 --> 00:48:31,359

always wanted to go and you just feel so

1212

00:48:35,829 --> 00:48:33,680

at home there or you know you've always

1213

00:48:37,910 --> 00:48:35,839

wanted to go to the grand canyon and you

1214

00:48:40,470 --> 00:48:37,920

you know you you feel home when you when

1215

00:48:41,750 --> 00:48:40,480

you set eyes on that place it's like we

1216

00:48:44,069 --> 00:48:41,760

we have

1217

00:48:46,630 --> 00:48:44,079

past lives in many places around the

1218

00:48:48,630 --> 00:48:46,640

planet and and those those memories are

1219

00:48:50,309 --> 00:48:48,640

there we just have to be able to get in

1220

00:48:52,069 --> 00:48:50,319

there and access that

1221

00:48:53,510 --> 00:48:52,079

and when i do pass live readings for

1222

00:48:56,069 --> 00:48:53,520

people i really

1223

00:48:58,790 --> 00:48:56,079

try to help them not only understand

1224

00:49:01,430 --> 00:48:58,800

what that was about but to resolve what

1225

00:49:03,430 --> 00:49:01,440

the karmic piece is to that because

1226  
00:49:05,430 --> 00:49:03,440  
you know a lot of our lives we we died

1227  
00:49:07,510 --> 00:49:05,440  
violently you know we had our heads

1228  
00:49:10,630 --> 00:49:07,520  
chopped off or we were burned or you

1229  
00:49:12,470 --> 00:49:10,640  
know we died in war we died in battle

1230  
00:49:17,190 --> 00:49:12,480  
we haven't been the most peaceful

1231  
00:49:18,870 --> 00:49:17,200  
species yet no no no no no i've often uh

1232  
00:49:21,430 --> 00:49:18,880  
uh talked about

1233  
00:49:23,430 --> 00:49:21,440  
if i lived in england you know out in

1234  
00:49:27,190 --> 00:49:23,440  
the countryside somewhere right just

1235  
00:49:28,870 --> 00:49:27,200  
just out out in the green rolling hills

1236  
00:49:32,069 --> 00:49:28,880  
take a good peek

1237  
00:49:33,030 --> 00:49:32,079  
because there was a violent battle that

1238  
00:49:36,710 --> 00:49:33,040

happened

1239

00:49:39,589 --> 00:49:36,720

in that yard yes yes think about the

1240

00:49:41,109 --> 00:49:39,599

power of what is going on there let's

1241

00:49:43,190 --> 00:49:41,119

take a break right here when we come

1242

00:49:46,230 --> 00:49:43,200

back uh sonia i actually want to talk

1243

00:49:47,670 --> 00:49:46,240

about the last few days

1244

00:49:50,150 --> 00:49:47,680

we're talking about past lives and

1245

00:49:53,829 --> 00:49:50,160

regression the last couple of days i've

1246

00:49:55,589 --> 00:49:53,839

had the most insane deja vu's insane

1247

00:49:57,910 --> 00:49:55,599

we'll talk about all that when we come

1248

00:50:00,069 --> 00:49:57,920

back our guest tonight sonia grace we're

1249

00:50:03,349 --> 00:50:00,079

talking about her new book dancing with

1250

00:50:05,430 --> 00:50:03,359

raven and bear a book of earth medicine

1251  
00:50:07,190 --> 00:50:05,440  
and animal magic this is fade to black

1252  
00:50:10,710 --> 00:50:07,200  
i'm your timmy church stay with us we'll

1253  
00:50:16,309 --> 00:50:13,190  
you have just listened to a full hour

1254  
00:50:17,829 --> 00:50:16,319  
free preview of fade to black to get the

1255  
00:50:20,870 --> 00:50:17,839  
full show

1256  
00:50:22,430 --> 00:50:20,880  
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